# Why is it important to protect our families from pesticides?

### **Children are more vulnerable.**

- Children are more easily exposed to pesticides because of their small bodies and behaviors.
- Sometimes, without realizing it, a parent can expose his or her child to pesticides.

#### Pesticides are dangerous.

- Pesticides are chemicals that are used to kill insects and weeds.
- Pesticides are used in the fields and also in our homes.
- These chemicals can make us sick, even kill us.

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### **Exposure is constant.**

- Contact with pesticides can occur throughout the day.
- Exposure to pesticides sometimes happens without us realizing.
- You can be exposed at work or at home with the family.

#### Do your part!

- Everyone at home can be affected by pesticide residue.
- Parents, teachers, and children can all help to reduce the risk of pesticide exposure around families.

Another tip to protect your family from pesticides...Write your own!



#### For more information, please contact us at:

AFOP Health & Safety Programs 1726 M Street NW Suite 602 Washington, DC 20036 Phone: (202) 828-6006 Fax: (202) 828-6005 werder@afop.org www.afop.org

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Limiting Exposures Around Families



Association of Farmworker Opportunity Programs

## How can we protect our families from pesticides?





**Limiting Exposures Around Families** 



Clean thoroughly the places where pesticide residues can be found.



Bathe with shampoo and soap directly after working.



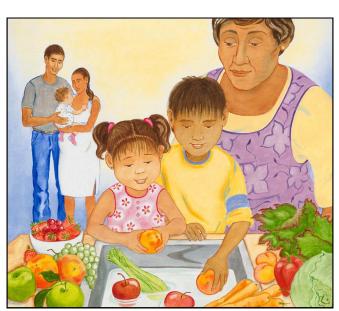
Mark the box when the step has become part of your family's routine.

Remove work boots	
before entering the	
house.	

Wash your work clothes separately from the family's clothes.

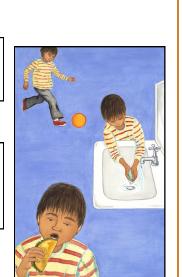


Protect your family from pesticides... *It's easy!* 



Wash fruits and vegetables before eating them.

Have the whole family wash their hands before eating, drinking, or going to the bathroom.



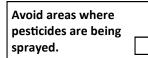
Prevent insects from entering your home by sealing cracks and keeping the house clean and dry.

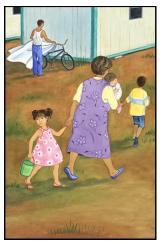




Keep all cleaning and pesticide products outside of children's reach.

Do not bring agricultural pesticides home.





Close windows, turn off ventilators, and cover outside equipment when pesticides are being sprayed near your house.